

M/I Homes Biometric Screening Program

Tests Include: Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference, and BMI.

9 hour fast recommended. Black coffee and water permitted.

TO LOG INTO eHEALTH:

Employees:

1. Click here to access the registration portal.
2. You may receive a DUO prompt to enter your network username and password
3. Under Step 1, click "Schedule Screening" button

Spouses:

1. Go to https://www.ehealthscreenings.com/signup.
2. Log in with your user name an password.
3. Enter the Screening Key **LOC428**.
4. Under Step 1, click "Schedule Screening" button

**If you have not participated in a screening previously, under the NOT YET REGISTERED? box, enter the Screening Key LOC428 and click Submit. Enter your username and password using the following format:

USERNAME: First Initial + Last Initial + DOB (MMDDYYY)

PASSWORD: Last Name + Last 4 SSN

(For example John Smith, born 4/23/1975, SSN 123456789, USERNAME: JS04231975, PASSWORD: Smith6789)

TO REQUEST YOUR HOME TEST KIT:

****Please have your current blood pressure, height, weight, and waist measurements available before beginning the registration process for your Home Test kit.**

1. Click **Select Home Test Kit** option
2. Enter your desired delivery address and click **Continue.** Once the request is processed, please expect up to 5 business days to receive your kit.

TO SCHEDULE YOUR LABCORP APPOINTMENT:

1. Click **Select Offsite Screening** under the Offsite Lab option
2. Complete the option to opt in or our of text messaging
3. Choose **Find by Address** or **Using by Current Location**. If using Find by Address, enter your address or the address closest to where you would like to find a LabCorp location.
4. Select a convenient lab location by clicking **Select** next to the lab location.
5. Acknowledge the Health Screening Consent by checking the **"I agree"** box located at the bottom of the consent. Enter first and last name in the **Signature** section. Click **Continue**.
6. You will receive an email within 1 hour containing your lab form, the selected lab location and instructions to complete your screening.

REMEMBER: Fasting (no food) for 9 hours before your appointment is recommended but not required. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting. If you would like to schedule by phone or have any questions, please call EHS Customer Service at 888-708-8807, ext. 1, Monday - Friday 7:00am - 6:00pm CST.